

Curriculum Highlights

Courses Include

Foundations of Mental Health Counseling
Clinical Instruction
Psychopathology
Clinical Health Psychology
Ethical and Legal Issues

Psychosocial and Cultural Foundations
Practicum
Addiction and Dependency
Life Span Development
Career Counseling

Internship I
Assessment and Treatment of Eating Disorders
Cognitive and Behavioral Approaches in Counseling
Counseling and Group Process

Internship II
Assessment in Counseling
Research and Program Evaluation
Coping with Grief and Trauma



About Us

About Baruch College

A senior college within the City University of New York (CUNY) system, Baruch College is a thriving, urban, multicultural institution recognized for superb professional education. Through its three schools—the Zicklin School of Business, the Mildred and George Weissman School of Arts and Sciences, and the School of Public Affairs—Baruch offers over 20 undergraduate majors and 30 graduate-level specializations/programs to more than 17,000 students, including over 3,000 graduate students.

About the Weissman School

The Weissman School prides itself on its excellent and unique programs, small classes, and dedicated faculty who create a nurturing environment for individual learning and intellectual growth. On the graduate level, the School offers master's programs in corporate communication, financial engineering, industrial/organizational psychology, and mental health counseling.

For More Information

Contact the Graduate Studies Office at wsas.graduate.studies@baruch.cuny.edu or at 646-312-4490.

More online at www.baruch.cuny.edu/wsas/academics/MHC_Program.htm

Earn a Master of Arts in Mental Health Counseling

Graduate Study at the Weissman School of Arts and Sciences



Approved by and meeting all the standards of the New York State Education Department

Master of Arts in Mental Health Counseling

Mental Health Counseling: A field of practice within the counseling profession. Mental health counselors work with individuals, families, and groups to address and treat emotional and mental disorders and to promote positive mental and behavioral health.

The Master of Arts in Mental Health Counseling at Baruch College prepares students to be generalists in mental health counseling with a focus in health counseling. The program is approved by the New York State Education Department (NYSED) and meets all of the NYSED standards. After 3,000 hours of supervised post-degree experience, a graduate of this program will be eligible to take the exam for licensure as a mental health counselor.

Baruch's Mental Health Counseling Program prepares students to provide therapeutic services to diverse sectors of the community. The program emphasizes the strengths of individuals and families, facilitating their recovery and resilience in the face of emotional challenges. This program relies upon a variety of teaching methodologies, including class discussions, role-playing, small group work, and case study analysis.

Our Philosophy

The program faculty—active clinicians and researchers who have counseling and supervisory backgrounds—believe that counseling professionals should have a lifelong commitment to learning that will support their continued professional development and commitment to human growth.

We are humanistic in our approach, while providing students with a broad understanding of varied theoretical models. We are concerned about the challenges and difficulties inherent in the human condition; our curriculum reflects these concerns as well as fulfilling New York State requirements for the preparation of mental health counselors.

Admission Requirements

- A bachelor's degree from an accredited national or international institution
- Prerequisite preparation in Abnormal Psychology, Statistics, and Research
- Related experience preferred
- A personal statement
- Three letters of recommendation
- An interview for selected applicants

Note: Spring and Part-Time Admissions
Spring term or part-time admission is not offered. All students begin in the fall semester of the academic year.

Progress Standards for Matriculated Students

- Students must maintain a 3.0 cumulative GPA to remain in the program.
- Students must receive a grade of "P" (Pass) in all practicum and internship-related course work.
- Students must demonstrate an acceptable level of counseling knowledge and skills.
- Students must demonstrate personal qualities and characteristics that are widely accepted in the counseling profession.

Program Completion Requirements

- A cumulative GPA of at least 3.0
- Completion of all required courses (45 credits)
- Completion of the Internship Experience (15 credits)
- Successful completion of a:
 - Comprehensive Case Presentation: poster session
 - Case Study Project
 - Research Project

